

JBCYC COVID-19 Safety Policy and Procedures

Get in – Sail – Get out

Introduction

These policies and procedures are based on the NSW Public Health Orders as well as information provided by Australian Sailing. For JBCYC sailing events these policies and procedures are a supplement to the JBCYC Sailing Instructions during the COVID-19 restriction period. All NSW Community Sporting Organisations are required to educate their members about COVID-19 risks, put in place guidelines and procedures to minimize COVID-19 transmission risk, record contact tracing information, and develop a COVID-19 Risk Management Policy.

Pre-race preparation

1. JBCYC races will be conducted in accordance with the current Racing Rules of Sailing, JBCYC Sailing Instructions and as directed by this instruction.
2. The Race Committee will assess the conditions for any race day and may amend the following policies and procedures accordingly. Any such amendments will be notified by email, text message, or via the JBCYC website as early as possible.
3. Skippers are reminded that under the Racing Rules of Sailing the decision to race is theirs.
4. In line with current JBCYC membership requirements all skippers and crew participating in a JBCYC event are to hold full JBCYC membership or SailPass membership. Sail Pass memberships are to be completed prior to the start of any race.
5. There are no changes to the JBCYC Emergency Plan.
6. Pre and post race gatherings will be held at the discretion of the JBCYC committee and will comply with all COVID-19 restrictions applicable at the time. Use of the club house facilities at Callala Bay will be in accord with the requirements of the CJSS MOU and the NSW Public Health Orders.
7. Race briefings will be provided on the club web site as well as by VHF radio.
8. All skippers and crew for each boat must sign on for each race day electronically prior to the commencement of the race. In addition, boats must sign-on with JB1 on VHF Ch77 within 30 minutes prior to the start of any race.
9. Intentions to protest are to be notified to the sailing committee by text message to 0491 094 154 (Vice Commodore) or email to committee@jbcyc.com.au. The message is to include the name of the yacht lodging the protest, the skippers contact details, and the yacht being protested against. The Sailing Committee will contact the skipper lodging the protest as soon as possible following the race requesting relevant details and to advise of any protest hearing procedures. This does not remove the requirement of the protesting

vessel to raise a protest flag or otherwise indicate their intention to protest against another yacht.

10. Race results will be posted on the JBCYC website as soon as possible following all events.

11. JBCYC will not be accepting any cash payments until further notice. Payments and fees are to be paid by EFT to JBCYC bank account or via the RevSport platform upon receipt of a RevSport invoice.

12. Due to the changing nature of the COVID-19 situation the restrictions and exemptions may vary at any time.

13. All skippers, crew, volunteers, visitors, and personnel engaged to assist JBCYC are to familiarise themselves with, and comply with, the following guidelines and policies.

- Do not participate in JBCYC events if you are unwell (respiratory symptoms, sore throat, fever, headaches, feeling fatigued or weak, aching or painful muscles, loss of smell or taste)
- Do not participate in club activities if you have had close contact with a known or suspected case of COVID-19 until cleared to return to appropriate social interaction as per NSW Health Department Guidelines
- Do not participate in club activities if you have returned from overseas in the last 14 days
- Do not participate in club activities if you had been in contact with someone returning from overseas in the last 14 days
- Do not participate in club activities if you have attended any of the reported case locations listed on the NSW Health website <https://www.nsw.gov.au/covid-19/latest-news-and-updates> (as is current on the day of the race)
- Do not participate in club activities if you have returned a positive test for COVID-19 until cleared to return to appropriate social interaction as per NSW Health Department Guidelines
- Anyone suspected of having COVID-19 is to refrain from club activities until cleared to return to appropriate social interaction as per NSW Health Department Guidelines
- **Any JBCYC member, skipper, crew member or volunteer who tests positive to COVID-19 within 14 days of attending a JBCYC event is to inform the committee by sending an email to committee@jbcyc.com.au**
- People who are at higher risk of contracting COVID-19 are advised to seek medical advice before participating in JBCYC sailing events. High risk populations include:
 - older people (People 70 years of age and older, those 65 years and older with chronic medical conditions, people with weakened immune systems and Aboriginal and Torres Strait Islander people 50 years or older)
 - people with weakened immune systems;
 - people with diagnosed chronic medical conditions (such as high blood pressure, heart and lung conditions, kidney disease and diabetes)
 - Aboriginal and Torres Strait Islander people, who have higher rates of chronic illness
- Social distancing (1.5metres) is to be adhered to at all times while on shore. Do not gather on the foreshore, boatramp, club house vicinity, or other nearby public areas in contravention of the NSW Public Health Orders.
- Social distancing (1.5metres) is to be adhered to when practical while on the water.
Examples are:

- When not involved in tasks that require close physical cooperation (eg tacking, gybing etc) crew are to be spaced no closer than 1.5m where possible;
- Limit dinghy numbers to enable 1.5m social distancing where possible;
- Skipper and crew are to use appropriate face masks in situations where 1.5m social distancing is not able to be complied with.
- COVID-19 Safe hygiene requirements to be practiced.
- JBCYC encourages the use of face masks, particularly in situations where it is not possible to meet social distancing requirements.
- No unavoidable contact between people. Eg no handshaking, hugs, kisses, high fives, team huddles etc
- No sharing of drink bottles, clothing, food or towels, unless appropriate risk management procedures are adopted.
- No sharing of equipment without appropriate cleaning or other safety measures (eg winch handles, life jackets). For example where equipment such as winch handles are used by different people,
 - clean with a disinfectant wipe between uses, or
 - crew are to use full fingered gloves, or
 - crew can be allocated a winch handle for their sole use, or
 - crew may decide to bring their own winch handle.
- Disinfectant cleaning products are to be maintained at an appropriate strength and used in accordance with the manufacturer's instructions.
- All JBCYC members and participants are encouraged to be familiar with, download and activate the Australian Government COVID-19 contact tracing app (COVIDSafe)
- There is no limit on crew numbers, however JBCYC may reduce the permitted crew numbers in order for our activities to comply with social distancing and COVID-19 Safe hygiene requirements
- Skippers and crew are encouraged to wear full fingered gloves and have access to sanitizer or hand washing facilities and face masks
- Skippers should undertake pre & post-race cleaning of equipment and surfaces that are to be used, or have been used, for a race. This could include winch handles, winches, grab handles, sheets & halyards, hard surfaces, etc where a COVID-19 transmission risk is possible. Skippers are to maintain a simple record of cleaning dates and times. Use disposable gloves when cleaning and wash your hands thoroughly before and after cleaning with soap and water
- Skippers are encouraged to contact the JBCYC COVID-19 Safe Sailing Officer prior to commencement of racing to discuss any concerns or compliance issues. The interim COVID-19 Safe Sailing Officers are the Secretary (David Churchward) or delegate
- Skippers and crew are to practice responsible waste disposal in a safe and secure manner
- Club Boat – 'Pandora'
 - All of the above conditions shall apply to the Skipper and/or crew of the JBCYC Committee/Start boat. All crew are expected to comply with membership requirements, contact tracing, race registration, social distancing of 1.5m where possible, use of PPE (face mask, full finger gloves) and required health & hygiene measures.
 - A register is to be kept of all personnel who board 'Pandora' for any reason recording: date; name; contact number; time boarded; time disembarked; confirm

they have read and agree to the supplied COVID Safe requirements and health guidelines;

- To comply with social distancing requirements, crew numbers should not exceed 3 persons;
- The skipper on the day is responsible for surface cleaning so the boat is ready for use by others as required. The provided 'Cleaning Register' is to be completed before or after each use of the boat;
- Masks, disinfectant wipes, hand sanitizer and any other required PPE is to be provided by JBCYC;
- Information on COVID-19 Safe Hygiene and Social Distancing is to be provided by JBCYC and is to be made available on Pandora. The skipper and crew must agree to comply with the relevant requirements;

14. Non-compliance with any of these instructions relating to the COVID 19 restrictions may lead to a protest against a competing yacht or disqualification.

15. Committee and other Meetings

- As per NSW Health requirements there will be no face to face committee or other meetings till further notice

Resources

The following resources are provided to assist skippers and crew comply with COVID-19 hygiene and safe behaviour practises. All skippers and crew should familiarise themselves with the following information:

- o Good hygiene for coronavirus (COVID-19) - <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19/good-hygiene-for-coronavirus-covid-19>
- o Infection Prevention and Control - https://www.who.int/gpsc/clean_hands_protection/en/
- o Keep that cough under cover - <https://www.health.gov.au/resources/publications/coronavirus-covid-19-keep-that-cough-under-cover>
- o Self-isolation (self-quarantine) for coronavirus (COVID-19) - <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/how-to-protect-yourself-and-others-from-coronavirus-covid-19/isolation-for-coronavirus-covid-19>
- o Advice for people at risk of coronavirus (COVID-19) - <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/advice-for-people-at-risk-of-coronavirus-covid-19>
- o Coronavirus (COVID-19) resources - <https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>
- o Good hygiene practices poster for businesses - <https://www.health.gov.au/resources/publications/coronavirus-covid-19-good-hygiene-practices-poster-for-businesses>

JBCYC CLUB BOAT

'Pandora' COVID-19 Conditions of use

All personnel boarding Pandora must consult the 'Pandora COVID Safety Manual' located on board

All health, hygiene and social distancing requirements specified in the manual must be adhered to

Social distancing of 1.5m is to be maintained where possible

To comply with social distancing requirements, crew numbers or total people on board should not exceed 3 persons

The skipper or other responsible person (eg maintenance personnel) on the day are responsible for surface cleaning so the boat is ready for use by others as required. The provided 'Cleaning Register' is to be completed before or after each use of the boat

The 'Pandora Use Register' is to be completed by all personnel who board 'Pandora' for any reason recording: date; name; contact number; time boarded; time disembarked; confirm they have read and agree to the supplied COVID Safe requirements and health guidelines

Any maintenance performed is to be recorded in the 'Pandora maintenance register'